

ADHD-RS-IV WITH ADOLESCENT PROMPTS*†

The ADHD-RS-IV with Adolescent Prompts is an 18-item scale based on the *DSM-IV-TR*[®] criteria for ADHD that provides a rating of the severity of symptoms. The adolescent prompts serve as a guide to explore more fully the extent and severity of ADHD symptoms and create a framework to ascertain impairment.

The first 9 items assess inattentive symptoms and the last 9 items assess hyperactive/impulsive symptoms. Scoring is based on a 4-point Likert-type severity scale: 0 = none, 1 = mild, 2 = moderate, 3 = severe. Clinicians should score the highest score that is generated for the prompts for each item.

Example: If one prompt generates a "2" and all others are a "1," by convention, the rating for that item is still a "2."

Significant symptoms in clinical trials are generally considered at least a "2" – moderate.

	None	Mild	Moderate	Severe			None	Mild	Moderate	Severe
1. Carelessness	0	1	2	3			0	1	2	3
Do you make a lot of mistakes in school or work?										
Is this because you're careless?										
Do you rush through work or activities?										
Do you have trouble with detailed work?										
Do you not check your work?										
Do people complain that you're careless?										
Are you messy or sloppy?										
Is your desk, locker at school, or workspace so messy that you have difficulty finding things?										
Do your parents have to repetitively ask you to clean your room?										
2. Difficulty sustaining attention in activities	0	1	2	3			0	1	2	3
Do you have trouble paying attention when watching movies, reading, or attending lectures? Or on fun activities such as sports or board games?										
Is it hard for you to keep your mind on school or work?										
Do you have trouble paying attention when instant messaging?										
Do you have unusual trouble staying focused on boring or repetitive tasks, like doing chores around the house?										
Does it take a lot longer than it should to complete tasks because you can't keep your mind on the task?										
Is it even harder for you than some others you know?										
Do you have trouble remembering what you read and do you need to reread the same passage several times?										
3. Doesn't listen	0	1	2	3			0	1	2	3
Do people (your boss, colleagues, friends) complain that you don't seem to listen or respond (or daydream) when spoken to or when asked to do tasks? A lot?										
Do people (your friends or parents) have to repeat directions?										
Do you have trouble remembering driving directions unless you write them down?										
Do you find that you miss the key parts of conversations because of drifting off in your own thoughts? Does it cause problems?										
4. No follow through	0	1	2	3			0	1	2	3
Do you have trouble finishing things (such as work or chores)?										
Do your parents have to remind you to complete things? Is this a problem?										
When working on a group project at school, do your peers have to remind you to finish your part of the project?										
Do you often leave things half done and start another project?										
Do you need consequences (such as deadlines) to finish?										
Do you have trouble following instructions? (especially complex, multistep instructions that have to be done in a certain order with different steps)										
Is it a problem when you are putting on your make-up or putting together a model?										
Do you need to write down instructions, otherwise you will forget them?										
5. Can't organize							0	1	2	3
Do you have trouble organizing tasks into ordered steps?										
Is it hard prioritizing work and chores?										
Do you need others to plan for you?										
Do you have trouble with time management? Does it cause problems?										
Do you have trouble planning long-term projects at school, like term papers or large lab reports?										
Do your parents have to help you plan?										
Does difficulty in planning lead to procrastination and putting off tasks until the last moment possible?										
6. Avoids/dislikes tasks requiring sustained mental effort	0	1	2	3			0	1	2	3
Do you avoid tasks (work, chores, reading, board games) that are challenging or lengthy because it's hard to stay focused on these things for a long time?										
Do you have to force yourself to do these tasks? How hard is (was) it?										
Do you procrastinate and put off tasks until the last moment possible?										
Do your parents have to remind you to do things you don't want to do?										
Is it harder for you to do things you are not interested in than it is for your friends?										
7. Loses important items	0	1	2	3			0	1	2	3
Do you lose things (eg, important work papers, homework, your school planner, keys, wallet, coats, etc.)?										
Have you misplaced things such as your cell phone or school planner? A lot? More than others?										
Are you constantly looking for important items? Do you get into trouble for this (work, school, home)?										
Do you need to put items (eg, glasses, wallet, keys) in the same place each time, otherwise you will lose them?										
8. Easily distractible	0	1	2	3			0	1	2	3
Are you ever very easily distracted by events around you such as noise (conversation, tv, radio), movement, or clutter?										
When you are in the classroom and there is interruption, is it hard to get your mind back on the work at hand?										
Do you need relative isolation to get work done?										
Can almost anything get your mind off of what you are (were) doing (like work, chores, or if you're talking to someone)?										
Is it hard to get back to a task, like doing homework, once you stop?										

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	None	Mild	Moderate	Severe		None	Mild	Moderate	Severe
<p>9. Forgetful in daily activities</p> <p>Do you forget a lot of things in your daily routine? Like what? Attending a class? Chores? Work? Appointments or obligations? Meetings with friends?</p> <p>Do you forget to bring things to school or work, such as school or work materials or assignments due that day?</p> <p>Do you need to write regular reminders to yourself to do most activities or tasks, otherwise you will forget?</p> <p>If you don't write something in your school planner are you likely to forget to do it?</p>	0	1	2	3	<p>14. On the go, "driven by a motor"</p> <p>Is it hard for you to slow down and do one thing for a long period of time?</p> <p>Do you feel like you (often) have a lot of energy and that you always have to be moving, are always "on the go"?</p> <p>Do you feel like you're driven by a motor?</p> <p>Do you feel unable to relax? Does it interfere with your ability to fall asleep at night?</p>	0	1	2	3
<p>10. Squirms or fidgets</p> <p>Can you sit still or are you always moving your hands or feet, or fidgeting in your chair?</p> <p>Do you tap your pencil or your feet? A lot? Do people notice?</p> <p>Do you regularly play with your hair or clothing?</p> <p>Do you consciously resist fidgeting or squirming?</p> <p>Do the teachers comment on your fidgeting or squirming at school?</p> <p>Do your parents comment on your fidgeting or squirming at the dinner table?</p> <p>Is it difficult for you when you cannot be physically active?</p>	0	1	2	3	<p>15. Talks excessively</p> <p>Do you talk a lot? All the time? More than other people?</p> <p>Do you talk out of turn in class?</p> <p>Do people (parents, teachers, friends) complain about your talking? Is it a problem?</p> <p>Are you often louder than the people you are talking to?</p>	0	1	2	3
<p>11. Can't stay seated</p> <p>Do you have trouble staying in your seat? At work? In class? At home (eg, watching tv, eating dinner)? In church or temple? When playing video games?</p> <p>Do you choose to walk around rather than sit?</p> <p>Do you have to force yourself to remain seated?</p> <p>Is it difficult for you to sit through a long meeting, class, or lecture? Do teachers ever comment on your inability to remain seated?</p> <p>Do you try to avoid going to functions that require you to sit still for long periods of time?</p>	0	1	2	3	<p>16. Blurts out answers</p> <p>Do you give answers to questions before someone finishes asking?</p> <p>Do your teachers complain about answering their questions prematurely?</p> <p>Do you say things before it is your turn?</p> <p>Do you say things that don't fit into the conversation? With your parents? Friends? Classmates?</p> <p>Do you do things without thinking? A lot?</p>	0	1	2	3
<p>12. Runs/climbs excessively</p> <p>Are you physically restless?</p> <p>Do you feel restless inside? A lot?</p> <p>Do you feel more agitated when you cannot exercise on an almost daily basis?</p> <p>Do you have trouble staying seated at the table through an entire meal?</p>	0	1	2	3	<p>17. Can't wait for turn</p> <p>Is it hard for you to wait your turn in conversation, when playing games, in lines (like the lunchroom), or while driving?</p> <p>Are you frequently frustrated with delays?</p> <p>Do your parents comment on your trouble waiting? Does it cause problems?</p> <p>Do you put a great deal of effort into planning to not be in situations where you might have to wait?</p>	0	1	2	3
<p>13. Can't play/work quietly</p> <p>Do you have a hard time playing quietly?</p> <p>During leisure activity (nonstructured times or on your own, such as reading a book, surfing the Internet, listening to music, playing a board game) are you agitated or unhappy?</p> <p>Do you always need to be busy after school, work, or when your family goes on vacation?</p>	0	1	2	3	<p>18. Intrudes or interrupts others</p> <p>Do you talk when others are talking without waiting until you are acknowledged?</p> <p>Do you butt into others' (your parents', friends', or siblings') conversations before being invited?</p> <p>Do you interrupt others' activities when they are busy? Do you have trouble waiting for your parents to finish something they are doing before asking them a question?</p> <p>Is it hard for you to wait to get your point across in conversations or at meetings?</p>	0	1	2	3

^{*}Adapted with permission from The Guilford Press: New York. ©1998 DuPaul GJ, Power TJ, Anastopoulos AD, et al. *ADHD Rating Scale-IV: Checklists, Norms, and Clinical Interpretation*. New York, NY: The Guilford Press; 1998. This scale may not be reproduced in any form without written permission of The Guilford Press. www.guilford.com

[†]Prompts developed by Lenard Adler, MD; Thomas Spencer, MD; and Joseph Biederman, MD